

17 Ways To Command Respect From Other People

1- Strive For Great Work

Your work is how you set the tone as the ultimate indicator of who you are.

If you are a person with self-respect, everyone will read it in your work because it is the reflection of your character. People with self-respect always do their work in a respectful manner. They know that it is their message to the world as **“This is who I am”**. A person with high self-respect will always strive for great work. Regardless of what he does, he just wants to do it excellently.

You can ask two construction workers as “What are you doing” and get completely two different answers. First one says, “I am working and laying bricks” while the second one says, “I am helping to build a home for hundreds of families that will live in safety and joy.”

Completely different attitudes towards the same work . Smart ones always know that excellence lies behind your attitude. You can get respect from all people when you work hard, oppositely everybody easily hates a lazy ass.

When you saw a great product, you automatically show respect for the person who created it.

High-quality work = High-quality person

When you have a positive attitude toward your work, it enhances every part of your life. Suddenly, life starts offering more opportunities and people love you and show you more respect. On the other hand, nobody respects a lazy man who wants to hang out all day. Poor land yields poor products.

2) Stand Up For Yourself

Never underestimate the power of your speech. It is convenient to stay silent when you think of yourself as one speck of dust among seven billion. It looks like it does not matter, right? No man, it matters a lot...

Why? Because you are a node in a huge network. You are intelligent, just calculate it with some rapid arithmetic and see how powerful you are. Let’s say you get in touch with 2000 people in your life, they will also influence roughly the same number of people, thus and so, the number goes to infinite with exponential growth... People can’t talk, they are afraid to talk, or they don’t know what to say and these are real problems. What you should do is to start talking, sharpen yourself up, and thicken up your skin.

Expressing your ideas bravely might look dangerous, but keeping yourself quiet is also risky because you will never grow in safety.

IT IS RISKIER TO STAY SILENT

By staying silent, you take the risk of being a miserable doormat that nobody gives damn respect at the end of 10 years from now. With no self-respect, no power, no ability to voice up for your opinions, no nothing at all...

This will happen if you never grow the balls to stand up for yourself.

3- See The Good

Do you know what people like the most? A sincere compliment. They never admit by saying to you “Please compliment me more” but you instinctively feel it. People love being appreciated. When you see the good in them, that makes them very happy. The world is full of people who only care about themselves. They are

too busy with their shitty lives and have no time to pay attention to others. If you are someone who cares about others, that is rare and valuable. Have you seen someone working out for a while? He will appreciate it a lot if you notice the change in his body and tell him. If you have good eyes, you see the good in others.

Respect is reciprocal.

When you do this, they have no choice but respect you. It shows that you are a generous and mindful person. People know that they can trust you and talk to you about their life. They feel safe to have deeper conversations with you by opening up a personal topic because of your opinions and advice matter for them.

4- Always Keep Your Promises

You must be the most reliable person you ever know. With every commitment, you are making an agreement with yourself to do something, and when you don't follow through, you teach your brain to distrust yourself. However, when you fulfill a commitment, your brain accepts it as a success cornerstone. In any endeavor you start, you think as "Well, I have done X, Y, Z before, so I can do this". It boosts your self-esteem and increases your chance of success. You feel your power based on your previous successful commitments.

When you be as good as your word, you gain the ultimate self-respect. People know that you don't talk trash because you mean everything you say. What happens when you fail to keep your promises? You lose your self-respect and the trust others place in you. People stop caring what you say because they know you don't speak from the heart.

Do not put yourself in a position like this.

5- Always Take the Side of Reality

The truth does set you free. By speaking your truth, you will become more confident in ways you never imagined. The respect you get is a by-product of living authentically with no fear. I've never seen anyone get away with lying ever. The chickens will always come home to roost. Lying makes you responsible for violating the rules of life. Well, that sucks because nobody has the power to manipulate reality. The reality is either on your side or it is against you. You want it on your side because you can never get away with falsehood. Honesty will turn you into a respectable person with most admired traits because the absolute truth is divine, all else being corruption and torture for our souls. People might be pissed off, get angry, and resent you; but hey, this is the way.

Honest conflict has more social value than dishonest harmony. You will always become more powerful by being honest because the truth doesn't care what anyone believes. It is simply the truth regardless if you believe it or not.

Rather than fake and shadow friendships, you better have life-long committed ones that are built on trust. Let yourself see the real faces when the truth is exposed. Even if people hate you, you preserve your self-respect by talking the truth.

6) Stop Speaking, Start Doing

People will only respect you when they see the results. You can speak all day about everything but it will never be as effective as taking action. So, why do you waste your time? Actions speak louder than words.

You can talk all day long about how much you care about your friends, but it will never be as effective as doing a favor for them. People will never hear your words until you back them up with solid actions.

Your words will matter only if you do the right actions. So, keep your mouth shut and walk the road first before you open your mouth.

7) Never Talk Behind

There is one certain reason why people talk behind you... You left them behind a long time ago. They are behind for a reason. The jealousy and hatred fuel the tank of these losers, so they somehow must get rid of it. Talking behind someone's back reveals the dirtiness inside. Never trust anyone who talks shit about someone else near you because that proves they'll probably talk behind your back, too. Real people do not talk behind, they say everything to people's face.

8) Have A Great Body

Your body is your #1 instrument in any endeavor of your life. You can be mentally fantastic, but it is your body that represents you. "Mens sana in corpore sano" A healthy body is a result of a healthy mind. Why would anyone respect you if you can't even take care of your own body? If you are too cruel to let your body rot, you can do worse things for other people. When people see you have a great physique, they immediately understand that you are a reliable person. Why? Because a great physique does not come out of blue. It is solid proof that you took control of your life for a long period of time with hard work, dedication, and discipline.

9) Stop Apologizing

I see many losers saying "I am sorry" all the time while repeatedly doing the same mistakes. If you haven't done anything wrong, do not apologize. Don't do it, have some respect for yourself. Nobody cares if you are sorry or not because it cannot reverse the damage done. Do not be sorry, be better. Remember, the best apology is "changed behavior."

10) Accept Your Mistakes Immediately

Everyone makes mistakes but only smart ones can correct them. What is the first step of correcting? Accepting. Humble people can see their mistakes, courageous people can accept them and wise ones will correct them. There is only one way to see your mistakes, just don't be too busy with denying them. When you refuse to accept your reality, it will only lower your status. You can only set yourself free when you acknowledge the mistake. The sooner you realize, the better for you.

11) Celebrate Other People's Success

When you give someone credit for their success, it reflects the strength of your character. Life gives to the giver, takes from the taker. You can only truly feel happy for others if you have no inferiority complex.

Most people do not have the guts to feel happy for others. They feel jealous and choose to believe those people were lucky. Why? Because they can't put up with their shitty life while your success was shining bright like a sun. It is human nature. If you are great, you want everyone to be great; if you are in a shit hole, you try to pull others to there. Strong people don't put others down, they lift them up. Wanna know who your real friends are? Just share your success story and see their reactions. The fake ones will be jealous and give you a fake smile while the real ones were being genuinely happy.

12) Build A Strong Self Belief

People will always test how much you believe in yourself. Before they trust and respect you, they must know if you are the real deal.

1. Do you know what you want out of your life?
2. Are you sure about yourself?
3. Do you know your strengths and weaknesses?
4. What are your core values?
5. Do you have what it takes to go out and take action?

If you don't have the answers, you doubt and that is a big NO.

The questions are already answered in the head of a strong person. That is why he has a strong belief in his every action.

13) Don't Judge Others

Judging is a self-defense mechanism to feel superior to others. Look, you have no idea what is happening in the lives of 99% of people you judge. When you judge others, you do not define them, you define yourself because you expose the way of your perception. Why would you judge someone if you have zero knowledge about their background? People often do it because they live in misery and pain, so they get a little bit of relief by judging others. It is a way of boosting the ego and fake self-confidence.

Of course, different opinions may run through your mind but you should be careful about the final judgment. Successful people are already too busy with their work, they can't even find time to look at others and judge them.

14) Be A Great Listener

We validate the worth of the other by listening. It costs you nothing but brings you huge benefits. People crave for being heard because nobody pays attention nowadays. Listening is the golden key to open the door of every human relationship. When you listen to other people, they are more than ready to listen to you. At the end of the day, everyone seeks to be understood. If you can make them feel valuable, you will be respected. You also learn more when you listen rather than speaking. "When you talk, you are only repeating what you already know. But if you listen, you may learn something new." – Dalai Lama

15) Genuinely Help People

If somebody needs help, do your best regardless of who is the one seeking it. Helping others releases endorphins which, in turn, improves our mood and boosts our self-esteem. Seeing how your actions make a

positive difference is a great uplifting motivation resource. People generally help others if they expect anything in return as an opportunity or leverage, even most charity works are aimed for PR success. I offer you to help people by expecting nothing in return and see how it impacts your life with the fulfillment it brings. People will certainly feel the generosity in your vibe, so you suddenly start attracting positive people to you. But, be careful! Helping others may do more harm than good if you are careless. Do not offer help that you can't deliver because if you don't have the skills or time, it will do more harm than good. **Stop helping people who don't want your help.** They'll end up turning into an enemy because your help will look evil in their eyes. If they don't appreciate your help, then they don't deserve it. Save your energy for the people who deserve it.

16) Set Boundaries

Do you want to end up living a life full of stress? Just do not set any personal boundaries. Let people treat you as they like and decide everything based on the rules of others. Highly respected individuals have a clear set of boundaries because they care about themselves. They know what to say "No", or "Yes" according to their strong core values. They listen to the inner compass that'll guide them when they need it. Our inner compass always tells if something is good or bad to protect us. Without boundaries, people will easily violate your personal space and you'll eventually feel disconnected from yourself. By setting boundaries, you gain a new power of the word which is "No". You might offend people, they can get upset or angry, but that is how you can stop being the third wheel and command respect.

17) Own It

Stop being in the spectator mode in your own movie. Grow some balls and own every damn decision you make. You are exactly where you want in life now. If you have one finger pointed at something, you have three fingers pointed back at you. All of your choices built up and made the person who you are right now. The more you deny it and blame others, the more you suffer. Stand your ground and don't apologize for your actions. Own the consequences because they belong to you.